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Will soulmates end up together

Being ‘Soulmates’ Doesn’t Mean You’re Destined To Be TogetherI think a mistake that many of us who have ever heard the term ‘soulmate’ think that it is synonymous with “forever”. I myself have been guilty of such a thought, thinking that surely, if the stars aligned, if we indeed came to this planet together, eternal love must be our agreement right? In the last year, my entire perception around the term ‘soulmates’ has shifted immensely.I learned that true divine love comes in as three types (or a mix): a reason, a season, or a lifetime. Now, I believe the reasons are prevalent in every relationship we create in our life, from the one we create with our barista, to the ones we create with our intimate partners. But sometimes, these intimate relationships have one specific reason and the more we accept the fact that these reasons are here for our higher learning, the more gracefully we are able to let go when the lessons are complete.We are not tied to just one soulmate in our lifetimes on Earth. They can take various forms that do not include intimacy but do drop into a deeper place of soul recognition and divine timing. One of your ‘soulmates’ could actually be your business partner (as in my case!), or your mentor, or your best friend. We come into this lifetime with ‘soul groups’ to learn and create or clear karmic contracts together. These soul groups are formed on the Fifth Plane, where the majority of our soul’s energy resides, and before our incarnation we converse with our groups and plan out our lifetime in advance. We make agreements to meet at certain times in specific places in order to accomplish lessons necessary to our highest evolution. Sometimes these soul contracts are karmic - the goal is to create or resolve energetic imbalance, known as karma. Karma isn’t a “good” or “bad” thing, it is simply neutral and provides learning and evolution for the soul on its journey through incarnations. For example, in one lifetime, two members of a soul group may come together to create karma, such as one party takes the life of the other. So, to balance that energetic exchange, in the next life, the other party may be the one that takes the life of the other. Now, this is a dramatic case, and there can be much simpler cases, such as two souls coming together to catalyze each other’s growth through justice, love, or perhaps bringing children into the world. As with all our soulmates, we have almost always shared past lives together. That is what creates this deeper feeling of “knowing” someone; you hear of people feeling like they “came home” when they reconnected with a soulmate in this lifetime. This is because our soul, and the seat of the soul is in the heart, recognizes their energetic imprint before our human mind does. For romantic relationships, these soul rememberings can be intensified by intimacy as energies reconnect on the physical plane, and can vary according to what degree these souls are connected. “Twin Flame” is a term that I personally have had to dissect over many processes. In my studies, we all have one Twin Flame. Twin Flames are typically the shortest lived soulmate relationships because they are specifically meant to catalyze rapid growth for both parties - think the ‘accelerated course’ over the semester long course. Twin Flames are a potent mirror to yourself, and the more Light one half is, the darker the other half is - but they are meant to reflect back to you that which is hidden from you. My Twin Flame showed me the Darkest aspects of myself, as I am the yin side to this balance, and I showed him the Lightness of him, as he has typically embodied the yang energy. These partnerships commonly do a dance of ‘runner/chaser’, and are known to come together to catalyze growth, then separate again to work solo or with other soulmates. So, they are naturally very triggering encounters that create massive shifts and leave a wake of heartache and gratitude behind (Click here to read my ‘How To Recognize Your Twin Flame’ article)Incompatible soulmates are typically soulmates of slightly different vibration than yourself, and there was likely some connection in a past life, but that doesn’t necessarily mean that it is meant to be revisited this time around. These soulmates are like the carrot on the end of a stick and will lead you in the right direction of a more compatible soulmate. Usually the separation of these types of soulmate encounters are mutually agreed upon and have less heartbreak involved as what was meant to be accomplished for this partnership was already complete in a prior lifetime. Then, there are soulmates that have some unfinished business. These partnerships involve energy that was left unresolved in a past life and now these souls are given another opportunity to clear the issues, or karma, that was accrued in the past. These contracts are always voluntary and eventually the two partners outgrow the relationship and move on without too much drama. The lessons gained from this partnership help to awaken both parties and they move on to other relationships in time. Sometimes, we run into our ‘diamond in the rough’ soulmates. On paper, they have all the qualifications to be compatible to us but one party is not fully developed, or in alignment vibrationally with the other person, such as they are married to another person, are in an intense growth period, or haven’t started their awakening yet. This can be the case if one soulmate is manifesting the other very intently and rushing Divine Timing. These soulmate relationships can work, but it takes patience and time. Many soulmates get frustrated with the process and separate, only to come back together when both parties have evolved to a higher vibration and are finally able to match each other. After this process, some of those ‘diamonds in the rough’ evolve into what is a compatible soulmate. Or, these souls meet at the right time, when they are vibrationally in alignment. These partnerships are full of love and understanding, and they meet each other where they are at without drama. Although there is less challenge with these contracts, as a result there is not as much growth and soul evolution. Many people choose to remain in these types of partnerships because they are simple, but some people on the spiritual path get ‘bored’ with these relationships and go out to seek their compatible life partner. The compatible life partner is also a fairly easy-going relationship, but has much more growth involved, spiritually and mentally because there is more stimulation. These two partners are well-suited for each other as their deep affinity and attraction for each other are magnetic on a soul level. Without words, they have a deep understanding and knowledge for each other and their processes. These are the relationships that last a lifetime. Commonly, these partners find each other through the magic of the Universe - in a natural and organic intelligence. Pushing too hard to find this person may result in a failed attempt the first (or several) times. The Universe serves this partnership in Divine Timing, when both partners are complete and whole within themselves.Not everyone experiences the last kind of soulmate relationship. This relationship is recognizable from outside of the partnership. The true divine soulmate relationship occurs when two master souls, who have fully ascended through many soul evolutions, reincarnate together to share Divine Timing and a life’s mission. Their love is so powerful that it elevates the consciousness of those around them. It is a fission of two extremely high-vibrational souls that agree to take on a task together, helping each other achieve the same purpose. Once incarnate, they immediately start looking for each other to begin their mission. True divine soulmates recognize each others’ energy signature before they know what the other even looks like, and understand that the Universe will guide them together as long as they are staying true to their path, for these souls share the same path and will inevitably meet at some perfect juncture. For those of you wondering when your next soulmate is going to walk in, relax. Understand that a sense of loneliness means that someone is right around the next spiral of manifestation. It is imperative that in order to call in a compatible, compatible life, or true divine soulmate, you must be whole and complete within yourself, or you will continue to call in soulmates that are meant to catalyze growth and can leave you with more heartache. Just because you were involved with one type of soulmate, does not mean that you are meant to be with them forever. If they have left your life, it is for a specific reason and they will either come back at a new frequency, ready to meet you where you are at, or someone who is in alignment with you and your life’s direction is approaching soon. Remember, Divine Timing is not the same as Human Timing. Blessed be!Jaelyn KohlIf you are curious as to what kind of soulmates you have been in connection with, what lessons you were supposed to learn, or the nature of your soul contracts, schedule a reading with Jaelyn at www.celestial-sisters.com. Soul Mate: Someone who is aligned with your soul and is sent to challenge, awaken and stir different parts of you in order for your soul to transcend to a higher level of consciousness and awareness. Once the lesson has been learnt, physical separation usually occurs. Life Partner: A companion, a friend, a stable and secure individual who you can lean on, trust and depend on to help you through life. There is a mutual feeling of love and respect and you are both in sync with each others needs and wants. Everyone wants to meet their Soulmate. In fact, one of the most common questions I receive in my readings and coaching sessions is- “When am I going to meet my Soulmate?” We have many Soulmates in this life but their purpose is all the same- they are here to challenge and awaken us so our soul can evolve into a higher state of consciousness. Our Soulmates always arrive when we are ready for them and not a moment sooner. They arrive when we are ready to learn the lessons that we were destined to fulfill. Soulmate relationships are often not forever, this is because sometimes the relationship can be too intense or there is a certain karmic energy to the relationship that sees it come to a close once the necessary lessons have been learnt. Soulmates can also be friends and relatives; they don’t always have to be romantic partners. Regardless of this, you will always feel a strong, energetic connection or a past life history together. Many of us spend years obsessing about meeting a Soulmate, but fail to notice what we are really asking for. When we ask for a Soulmate we are really asking to grow and develop in consciousness, and not understanding this can sometimes block the energy from coming to us. If you really want to connect with a Soulmate, you need to align with your own soul. You need to discover who you are, honor yourself and begin following your heart. When you align with your true self, you are then instantly in the vibration of meeting your soul-mate. Alternatively, if you are done with the soul lessons for now and are just looking for a companion to share the rest of your life with, what you want to be asking for, or manifesting is your Life Partner. A Life Partner is more like a companion or friend that you feel a strong connection to. It may not be a deep, soul connection like a soul mate, but there would be a mutual feeling of trust, understanding and respect. A life partner is someone who is dependable and considerate of your needs and wants. Of course, a life partner is also someone that you are attracted to and that you love and care for. While you will still be learning lessons from a life partner, they are more about lending support and giving you a guiding hand as you navigate through your own soul journey. Meeting your Life Partner is usually not something you spiritually or energetically prepare yourself for like you would with a soulmate. Instead it requires emotional and mental preparation and physically putting yourself out there. It is possible to have your Soulmate also be your Life Partner and it is also possible that you and your Life Partner can develop a deeper, soul connection- it all just depends on which direction you choose to steer. Here are the different characteristics of each relationship: Soulmate Relationship You feel a deep, spiritual connection to this person almost like you have known them for a long time. You have flashbacks or deja vu moments where you feel that you have been together before. You seem to understand each other and have a similar way of thinking. You may have similar flaws or habits, or you both had similar challenges during childhood. Your connection is intense and so too is the relationship. Often it can move from extreme highs to extreme lows. You feel in sync with each other even when you are not physically together. There may be a feeling of having to team up together to conquer something. You know intuitively what the other is thinking or feeling. You feel very in-tune and connected with their thoughts and actions. Your relationship is emotional, challenging and can bring things out in you that you didn’t know existed. You may experience huge shifts and changes in your life when you first meet this person. Your relationship may not last forever but the love is always there. Life Partner Relationship You feel attracted to each other physically and resonate with each others values. You enjoy getting to know each other and learn about your differences and similarities- everything about each other feels new and exciting. You get along like best friends- your relationship does not suffer from extremes. Your relationship is based on logical or intellectual decisions. You resonate with each others beliefs, ideas or religion/philosophy. You both feel a sense of financial and emotional stability by being together. Your relationship is based on being physically present and creating new memories. You feel the need to marry or start a family in order to ‘cement’ your relationship. At different times of our lives we will need and want different types of relationships. Neither is better or worse than the other, it is all a personal decision and one that you will feel guided to as long as you are following your heart. (Ok, a lot of you asked about Twin Flames so I sat down with my spirit guides and this is what they told me....Read more here) Have you ever felt an instant connection with another person upon meeting them? Love at first sight or an instant connection to another person is often used to describe first encounters with a soulmate. Even if you have not met your soulmate, you have probably come across the term before at some point in time. You may not be familiar with the concept of a twin flame. A twin flame is another type of relationship that is related to the soul. While the general concept of soul mates and twin flames may sound similar, the relationships could not be more different from one another. Here is an expert opinion on the difference between a soulmate and a twin flame and whether the relationships are really meant to be: What’s the definition of a soulmate?A soulmate is someone that you form a deep emotional connection with almost instantly. Soulmates can come in the form of both friendships and romantic partners. Soulmates deeply understand you to the point where it feels like you may have known each other in a past life, or as if you have shared experiences even though you just met. What’s the definition of a twin flame?A twin flame, also known as a mirror soul, is a person that you are deeply emotionally connected to. The lore behind twin flames explains that these souls are the two halves of one being. Twin flames feel instantly connected upon meeting, but often form unhealthy relationships because they twin souls mirror each other’s insecurities and weaknesses rather than balancing them out. Learning how to reflect on situations and acknowledge your emotions can take time. Let Relish help you navigate tough situations and build confidence with one-on-one coaching, personalized advice and more. Try our award winning relationship app free for one week!How are they similar?Soulmates and twin flame relationships are both related to the idea of souls and the possibility of destiny. When you first meet your soulmate or your twin flame, it can be difficult to figure out if they are your soulmate or twin flame, because the initial interactions are often very similar. You will feel an instant connection to one another, and as if you were destined to meet, or as if you have met in a past life. Later stages of the relationship will help you discern one connection from the other, but the initial meeting with either will feel serendipitous and special.What makes them different?Though soulmates and twin souls are both related to deep, soul connections between two people, the relationships themselves are actually fairly different. The connection between soulmates is powerful and often comes easily. Soulmates deeply understand each other and are able to balance out each other because of their strong connection. Soulmates often end up together because they are very compatible. Twin flame relationships often serve to teach and inspire you to grow. Many people misunderstand the concept of twin flames, and believe that the individuals are only whole when they are together. But in reality, twin flame relationships help you grow into your full potential. The mirroring effect of twin flame relationships can inspire emotional growth that makes you more yourself. What are some signs you found your soulmate, twin flame?If you feel an automatic and deep connection with another person upon meeting them, then it’s likely you’ve met your soulmate or your twin soul. If they are your soulmate, you will get along with them easily and find that you are extremely compatible and in-tune with one another. Twin flame connections will also feel intense, but you will come to realize that you are not exactly compatible and perhaps too similar to the other person. Twin flame relationships are often very tumultuous because your insecurities are amplified by the other person.Figuring out what’s right for you and your love life can be challenging, but our relationship coaches have seen it all. Let us create a customized lesson plan unique to your situation. Download now to start your free one week trial.Can soulmates be twin flames?Though there are some shared characteristics between these relationships, soulmates cannot be twin flames. Soulmates are two souls that are destined to be together, while twin flames are thought to be the same soul cut in two. Soulmates are naturally compatible and are often perfectly suited to one another. Twin flames on the other hand have a strong attraction to one another, but are not actually that compatible because they are too similar to one another. Soulmates are meant to be together, while twin flames are meant to encourage growth and awareness in the other. We should note here that it is possible for twin flames to end up together if they are able to overcome their insecurities and triggers.What are twin flame stages?There are eight stages in twin flame relationships, but depending on the two people involved, all eight stages might not be accomplished. The first stage is the premonition stage, where you feel as if you are about to meet someone very important in your life. The second stage is when you actually meet this person and have an instant connection. The third stage relates to the conflict that arises as you mirror and amplify each other’s insecurity. This stage is followed by more conflict that can serve as a catalyst for the relationship, either deepening your connection, or driving you and your partner apart. This stage is followed by the chase in which one partner pursues the other. This can either be followed by a surrender to the connection and a reunion in which you and your twin flame end up together, or it can lead to the end of the relationship, if you are not able to work through your problems as an individual and as a couple. Which one is better?It is hard to say which relationship is better, because the two serve very different purposes. You will likely end up with your soulmate because of your deep connection and strong compatibility. Twin flame relationships are less about lifelong companionship and more about teaching you about yourself and promoting growth. Twin flame relationships serve a purpose and often pave the way for other more lifelong relationships, which makes them super important in the scheme of your life. We should note here that twin flame relationships can become toxic if you and your partner simply mirror each other’s insecurities and weaknesses without putting in the work to address these issues in yourself and in the relationship. While twin flame relationships can be an opportunity for growth, they can also turn sour.Communication, honesty and respect take time to build - and we can sometimes get lost along the way! Get unlimited access to a qualified relationship coach, take therapist-approved quizzes about communication, conflict, intimacy, and more. Try Relish free for one week with no strings attached!By Caitlin Killoren on Jun 11, 2021With a degree in Psychology and over a decade of experience, Caitlin has made improving people’s relationships both her career and her passion. Her work has been featured in publications like Bustle, Well + Good, and Goalcast, and she currently resides in Austin, Texas with her husband and giant fluffy dog, Remy.

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