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[PubMed][Google Scholar] 70.Morin cm. Non-perfarmacological treatment of chronic insomnia. An American Academy of Review of Sleep Medicine. Sleeping. 1999; 22: 1134-56. [PubMed][Google Scholar] Page 2A5m SterMDefinitionStandardThis is a generally accepted patient care strategy that reflects a high degree of clinical certainty. The standard term generally implies the use of level 1 tests, which Directly the clinical question or level 2 level tests 2.Guidelinethis is a patient care strategy that reflects a moderate degree of clinical certainty. The lead line of the term implies the use of 2 Test or level 3 Test consent. Option This is a patient care strategy that reflects uncertain clinical use. The term option implies insufficient, inconclusive, contradictory or conflicting expert evidence. opinion.

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